



# Transcranial Magnetic Stimulation (TMS)

2106 New Road #D-8, Linwood, NJ 08221

ShoreClinicalTMS.com | Phone: 609-927-1030 | Fax: 609-927-9985

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*Board Certified in General Psychiatry  
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## Hamilton Anxiety Rating Scale (HAM-A)

NAME: \_\_\_\_\_ DATE \_\_\_\_\_

Below is a list of phrases that describe certain feeling that people have. Rate the patients by finding the answer which best describes the extent to which he/she has these conditions. Select one of the five responses for each of the fourteen questions.

0 = Not present

1 = Mild

2 = Moderate

3 = Severe

4 = Very severe

	Not present	Mild	Moderate	Severe	Very severe
1. Anxious mood: Worries, anticipation of the worst, fearful anticipation, irritability.	0	1	2	3	4
2. Feelings of tension, fatigability, startle response, moved to tears easily, trembling, feelings of restlessness, inability to relax.	0	1	2	3	4
3. Fears of dark, of strangers, of being left alone, of animals, of traffic, of crowds.	0	1	2	3	4
4. Insomnia: Difficulty in falling asleep, broken sleep, unsatisfying sleep and fatigue on waking, dreams, nightmares, night terrors.	0	1	2	3	4
5. Intellectual: Difficulty in concentration, poor memory.	0	1	2	3	4
6. Depressed mood: Loss of interest, lack of pleasure in hobbies, depression, early waking, diurnal swing.	0	1	2	3	4
7. Somatic (muscular): Pains and aches, twitching, stiffness, myoclonic jerks, grinding of teeth, unsteady voice, increased muscular tone.	0	1	2	3	4
8. Somatic (sensory): Tinnitus, blurring of vision, hot and cold flushes, feelings of weakness, pricking sensation.	0	1	2	3	4
9. Cardiovascular symptoms: Tachycardia, palpitations, pain in chest, throbbing of vessels, fainting feelings, missing beat.	0	1	2	3	4
10. Respiratory symptoms: Pressure or constriction in chest, choking feelings, sighing, dyspnea.	0	1	2	3	4
11. Gastrointestinal symptoms: Difficulty in swallowing, wind abdominal pain, burning sensations, abdominal fullness, nausea, vomiting, borborygmi, looseness of bowels, loss of weight, constipation.	0	1	2	3	4
12. Genitourinary symptoms: Frequency of micturition, urgency of micturition, amenorrhea, menorrhagia, development of frigidity, premature ejaculation, loss of libido, impotence.	0	1	2	3	4
13. Autonomic symptoms: Dry mouth, flushing, pallor, tendency to sweat, giddiness, tension headache, raising of hair.	0	1	2	3	4
14. Behavior at interview: Fidgeting, restlessness or pacing, tremor of hands, furrowed brow, strain	0	1	2	3	4
Add columns:	0				
<b>TOTAL:</b>					



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